

WIND WORK BASICS



MODULE ONE:

GETTING ACQUAINTED WITH WIND WORK

Personal Assessment: Where are You At Now in Your Life?

Learn about and Set Up an Altar.

**During this class you will begin
your conscious relationship with the Wind.**

Questions we will answer:

How do I work with the Wind Spirits?

When should I call upon a Wind Spirit for Help and Guidance?

How do I best integrate ancient wisdom in my current lifestyle?

What is my Inner Awakening Compass?



EXPERIENTIAL PRACTICE

Set up an Altar

Every day visit your altar recite the Wind Prayer.

Ask for the Truth to be Revealed during this Process.

Take One Page of your Assessment at a Time to Your Altar.

Let it steep overnight in the Wind as Needed.

