

# THE WIND WORK™ ASSESSMENT



## PERSONAL ASSESSMENT \*

Name: \_\_\_\_\_ Birthday \_\_\_\_\_

Mailing Address \_\_\_\_\_

\_\_\_\_\_

eMail Address \_\_\_\_\_

Location \_\_\_\_\_ Time \_\_\_\_\_



*Set aside some time to begin this process.*

*\* This information is used solely for our work together.  
As we use a number of practical tools for our awakening, astrology and numerology  
can lend great insight into our process. Please answer the questions if you are comfortable.*



**BEGIN WITH THIS SIMPLE WIND PRAYER**

*Make your reading a joyous occasion.  
Begin by laughing. "Ha-ha-ha." Then say:*

I am calling on the divine winds.

Eurus of the east, Notus from the south,  
Zephyrus of the west, & Boreas in the north.  
Come here today to help me navigate my life.

The wind feeds my life. The wind renews. The wind is prosperous.

There are many sacred gifts in the wind.

The wind reveals. The wind expands..

The wind is generous. The wind lives within me.

The wind offers a sweet melody.

I share my gifts to the world by offering them to the wind.

My body is borrowed from the earth while my spirit flies free like the wind.

I am grateful to the winds for this reading.

Blessed be.



## WIND ASSESSMENT

- These self-assessments can provide valuable information in identifying roadblocks & getting more clarity about desires in each area of your life.
- Choose key words that resonate with you in each particular sector. You may need to look up the intensity of the wind.
- Please take some time to think about each sector and mark the applicable ranking next to each, using the **Wind Intensity Ranking Scale** below
- Rank and answer the questions with short explanations. Take the time to express as clearly as possible. You can put your answers on another sheet of paper, typed or hand-written.

### WIND INTENSITY RANKING SCALE:

1	Hurricane Winds	Everything is in shambles
2	Gale	Beginnings are disrupted. Hard to walk against the wind
3	No Wind	Bored, stagnant, or no movement
4	Gentle Breeze	.At a plateau, enjoyable but ready for more
5	Fair Winds	Successful, fulfilling, inspiring, exciting



**MENTAL | LEARNING | CAREER**

**WIND INTENSITY RANKING \_\_\_\_\_**

1. Why have you chosen this ranking?  
\_\_\_\_\_
2. What is the status of your professional life?  
\_\_\_\_\_
3. What were some of your professional goals when you were younger?  
\_\_\_\_\_
4. Do you feel that you have met them?  
\_\_\_\_\_
5. If not, what other choices have you made regarding your professional career?  
\_\_\_\_\_
6. What have been the major barriers or struggles in your career?  
\_\_\_\_\_
7. What beliefs do you have going for you (coping skills or personality strengths) to help you through this?  
\_\_\_\_\_



**FINANCIAL | PROSPERITY**

**WIND INTENSITY RANKING \_\_\_\_\_**

1. **Why have you chosen this ranking?**  
\_\_\_\_\_
2. **Are you satisfied with the status of your finances?**  
\_\_\_\_\_
3. **What is your primary source of income?**  
\_\_\_\_\_
4. **How often do you assess your financial status?**  
\_\_\_\_\_
5. **What is your pattern of spending money?**  
\_\_\_\_\_
6. **What is your pattern in saving money?**  
\_\_\_\_\_
7. **What have been the major struggles or barriers with money?**  
\_\_\_\_\_



## EMOTIONAL | SELF CARE

### WIND INTENSITY RANKING \_\_\_\_\_

1. Why have you chosen this ranking?  
\_\_\_\_\_
2. What gives you personal fulfillment?  
\_\_\_\_\_
3. Do you have this in your life right now?  
\_\_\_\_\_
4. What hobbies, activities or adventure do actively partake in?  
\_\_\_\_\_
5. How often?  
\_\_\_\_\_
6. What were some hobbies that you were interested in as child?  
\_\_\_\_\_
7. How do you give yourself personal rejuvenation? (massage, manicure, walks on the beach...)  
\_\_\_\_\_
8. When was the last time you laughed loudly? How often does this happen?  
\_\_\_\_\_
9. How often do you find yourself smiling?  
\_\_\_\_\_
10. Are you angry?  
\_\_\_\_\_



**RELATIONSHIPS | FAMILY | FRIENDS | LOVE**

**WIND INTENSITY RANKING \_\_\_\_\_**

1. Why have you chosen this ranking?  
\_\_\_\_\_
2. What is the status of your personal relationship?  
\_\_\_\_\_
3. Are you in partnership with your Soul Mate?  
\_\_\_\_\_
4. If yes, please answer why. If no, please answer why.  
\_\_\_\_\_
5. If you are single, what would you like to find in your ideal mate?  
\_\_\_\_\_
6. How are you personal relationships?  
\_\_\_\_\_
7. What is the hardest part for you in relationships?  
\_\_\_\_\_
8. What are you wanting in your relationships that you are not receiving?  
\_\_\_\_\_
9. What strong, positive points do you offer to a relationship?  
\_\_\_\_\_



**PHYSICAL | HEALTH | WELLNESS**

**WIND INTENSITY RANKING \_\_\_\_\_**

1. Why have you chosen this ranking?  
\_\_\_\_\_
2. How is your energy level?  
\_\_\_\_\_
3. I make self-care a priority?  
\_\_\_\_\_
4. I work out?  
\_\_\_\_\_
5. How often?  
\_\_\_\_\_
6. How are your eating habits?  
\_\_\_\_\_
7. How is your sleep?)  
\_\_\_\_\_
8. How many hours a week do you spend in nature?  
\_\_\_\_\_
9. What are your health challenges?  
\_\_\_\_\_
10. Do you have the energy to be of service to your goals and dreams?  
\_\_\_\_\_



**SPIRITUAL LIFE | MISSION**

**WIND INTENSITY RANKING \_\_\_\_\_**

1. Why have you chosen this ranking?  
\_\_\_\_\_
2. Do you consider yourself a spiritual person?  
\_\_\_\_\_
3. Please describe your spiritual practices?  
\_\_\_\_\_
4. Are you satisfied with your spiritual life?  
\_\_\_\_\_
5. Do you have a conscious dependable contact with a power higher than yourself?  
\_\_\_\_\_
6. What do you feel is missing in your spiritual life?  
\_\_\_\_\_
7. What ways do you connect with your spiritual side?  
\_\_\_\_\_
8. What is your personal WHY?  
\_\_\_\_\_
9. Do you attend spiritual classes and retreats. Are they in-person or online. Which do you prefer?  
\_\_\_\_\_



## SUMMARY

**What areas do you want to want to focus on most during your work?  
What is the question you want to engage for this workshop?  
(Pick one)**

**1. What would a successful spiritual practice look like?**

**What qualities would need to be present?**

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**2. What would it take to stand in my own authority?**

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**3. What am I drawn to appropriately manifest in my life?**

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**4. What are the obstacles and what is the resistance?**

**What is holding me back from being all that I can be?**

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**5. What practices can I engage in or create to gain clarity and alignment?**

**What is my next step?**

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